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# NO LIMIT HEALTH AND EDUCATION BOARD MEETING

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SATURDAY APRIL 11, 2015 11:00 AM -12:30PM  
LOCATION: CENTRAL FLORIDA URBAN LEAGUE EMPOWERMENT ZONE  
595 W CHURCH ST ORLANDO, FL32805

## I. CALL TO ORDER BY: PRESIDENT PERNELL BUSH

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MEETING FACILITATOR: PRESIDENT PERNELL BUSH MARSHON ROBINSON

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- II. BOARD MEMBER ROLL **Present Members:** Vanessa Lopez-Littleton, Tara Ervin, Marshon Robinson, AnDria Giles, Stacy Raymonville, Roben Dunnings and Pernell Bush

**Non present members:** Robert Hampton

## III. APPROVAL OF MINUTES

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Last Board Meeting held February 11, 2014 meeting minutes -not available

## IV. OLD BUSINESS

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- Celebration of Social Works Professionals” this event was very successful with 70 attendee’s
- Amount raised at the event through Eventbrite \$525
- Amount raised at the event Via square \$482.00 & \$180
- There is a \$500 donation from CBC which needs to be processed
- Dereck collected \$850 cash which needs to be deposited
- The funds will be split with NAMI 70/30

## V. PRESIDENT’S REPORT

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STAFFING/ EVENTS - The staff remains as is:

Jeffery Shaw is tentative to joining a part of “Fit to be Free” “Good life health and fitness”

**PROGRAM DEVELOPMENT** - There has been more attention focused on the event side then the program development

- The summer NLHE business academy is making positive progress

**BOARD COMMITTEE DEVELOPMENT** - Pernell and Stacy will get together to create logic models

**NEEDS LIST:** Exposure, funding, and Creating partnerships

- Intern for Pernell

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## VI. COMMITTEE REPORTS

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**FINANCE:** Total balance \$ 2787.00 Andria will breakdown the type of deposit made to contribute to this amount

- Last calendar year ended at \$700.00
- New board member fee will be at \$60.00 per quarter new documents will be written up
- May 15, 2015 9/90 due
- Kenneth Mueller from accounting Alliance from small Business CPA was hired for a fee of \$80 a month which includes unlimited consultations as needed for a year.
- Kenneth will create the 9/90
- NLHE needs to create a budget

**RESOURCE DEVELOPMENT**

- NLHE is developing a relationship with Good Life 45
- Urban League is an Official Partner
- There will be a building in Sanford- NLHE will have full access to- More info to come

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## VII. NEW BUSINESS

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- Motion to hire CPA by Chairman Marshon Robinson- all present members are in favor – Motion approved
- **Get Fit Day**
  - May 30, 2015 at Eagle Nest park
  - Amerigroup is our first sponsor whom will provide the following: Mobile medical unit truck
  - Water sports bottle pedometer, drawstring, and meal plates for kids, and fans

**Get fit day includes:**

- Fun 5K walk and run
- 5 trainers have committed

- Water donations from Wal-Mart
- Tara with Sam's Clubs will be donating Healthy snacks and water
- Healthy food is tentative
- Will contact JO-JO are Monica May from 94.5 to advertise
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- Planning Committee- Has been successful in securing vendors
- **Vendors:**
- Trinity fitness,
- Fit to run
- Back walk central FL
- Healthy bites
- Fitness cuisine
- Planet fitness
- Stage \$750- tentative- will meet with City of Orlando of possibility to get the stage for free
- DJ

- **Seminole State Program collaboration**- No updates
  - Seminole County Public School is helping with the recruiting
  - Update on funds, marketing, and curriculum
  - Needs portfolios
  - Food
  - T-shirts

Candidates will be average students who need the extra push

- a) 2<sup>nd</sup> Professional headshot day fundraiser

Tentative to partner with UCF for graduation during May 5-9 for public service awareness week

VIII.

## IX. UPCOMING EVENTS

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### 3 MONTH OUTLOOK

- a) NEXT BOARD MEETING:

b) May 16,2015- Vanessa will provided refreshments

c) June 13,15

d) July 11,2015

## X. ADJOURNMENT

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Motion to adjourn meeting by Chairmen Marshon Robinson motion second by secretary Tara Ervin meeting adjourned by Chairman Marshon Robinson